



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Muffin Juice Applesauce Cups</p>	<p>3</p> <p>Cereal Yogurt Oranges Juice</p>	<p>4</p> <p>GRAPE CRESCENT ROLLS Juice Bananas</p>	<p>5</p> <p>Sausage Sandwich Apple Juice</p>	<p>6</p> <p>Poptart Raisins Juice</p>
<p>9</p> <p>Muffin Applesauce Cups Juice</p>	<p>10</p> <p>CEREAL BARS Apple Juice</p>	<p>11</p> <p>Apple Muffin Juice Raisins</p>	<p>12</p> <p>Fruit Loops String Cheese Raisins Juice</p>	<p>13</p> <p>Poptart String Cheese Bananas Juice</p>
<p>16</p> <p>Muffin String Cheese Juice Applesauce Cups</p>	<p>17</p> <p>Cereal Yogurt Raisins Juice</p>	<p>18</p> <p>Poptart String Cheese Juice Fruit Cup</p>	<p>19</p> <p>Muffin Fruit Cup Juice</p>	<p>20</p> <p>Poptart String Cheese Raisins Juice</p>
<p>23</p> <p>Poptart Yogurt Raisins Juice</p>	<p>24</p> <p>FRENCH TOAST BITES Applesauce Cups Orange/Pineapple Juice</p>	<p>25</p> <p>Cereal Bar APPLE CRISPS Juice</p>	<p>26</p> <p>Cereal Bar, Apple Fruit Filled Raisins Juice</p>	

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items. Thanks to USDA waivers, student meals are offered this year at no charge!