



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 4 Muffin String Cheese Juice Chilled Fruit | 5 Fruit Loops Go-Gurt Yogurt Juice Chilled Fruit | 6 Poptart Go-Gurt Yogurt Juice Chilled Fruit | 7 Grilled Cheese Sandwich Fruit Cup Juice Chilled Fruit | 8 Apple Muffin Chilled Fruit String Cheese Juice |
| 11 Muffin String Cheese Juice Chilled Fruit | 12 Fruit Loops Go-Gurt Yogurt Juice Chilled Fruit | 13 Poptart String Cheese Juice Chilled Fruit | 14 Sausage Patty Biscuit Go-Gurt Yogurt Chilled Fruit Juice | 15 Fruit Loops Go-Gurt Yogurt Juice Chilled Fruit |
| 18 Apple Muffin Chilled Fruit String Cheese Juice | 19 Fruit Loops Go-Gurt Yogurt Juice Chilled Fruit | 20 Poptart String Cheese Juice Chilled Fruit | 21 Cinnamon Toast Crunch Soft Bar Juice Go-Gurt Yogurt Fresh Fruit | 22 Muffin String Cheese Juice Chilled Fruit |
| 25 Muffin String Cheese Juice Chilled Fruit | 26 Cereal String Cheese Juice Fruit Cup | 27 Poptart String Cheese Juice Chilled Fruit | 28 Muffin String Cheese Juice Chilled Fruit | 29 Poptart Go-Gurt Yogurt Juice Chilled Fruit |

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items. Thanks to USDA waivers, student meals are offered this year at no charge!