



Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Muffin String Cheese Juice Assorted Fruit	5 Wild Mike's BK Pizza Juice Assorted Fruit	6 Pancakes Sausage Link Juice Assorted Fruit	7 French Toast Minis Assorted Fruit Juice	8 Chicken Patty Southern Biscuits Juice Assorted Fruit Jelly
11 Poptart Go-Gurt Yogurt Juice Assorted Fruit	12 Breakfast on a Stick Juice Assorted Fruit	13 French Toast Sticks Assorted Fruit Juice	14 Mini Cinnis Juice Assorted Fruit	15 Sausage Patty Southern Biscuits Juice Assorted Fruit Jelly
18 Muffin String Cheese Juice Assorted Fruit	19 Wild Mike's BK Pizza Juice Assorted Fruit	20 Pancakes Sausage Link Juice Assorted Fruit	21 Apple Strudel Assorted Fruit Juice	22 Chicken Patty Southern Biscuits Juice Assorted Fruit Jelly
25 Poptart Go-Gurt Yogurt Juice Assorted Fruit	26 Breakfast on a Stick Juice Assorted Fruit	27 French Toast Sticks Assorted Fruit Juice	28 Mini Cinnis Juice Assorted Fruit	29 Sausage Patty Southern Biscuits Juice Assorted Fruit Jelly

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items. Thanks to USDA waivers, student meals are offered this year at no charge!