



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 4 Blueberry Muffin Cheddar Stick Juice Applesauce Cups String Cheese | 5 Cereal Oranges Juice | 6 BREAKFAST COOKIE Cheddar Stick Juice Oranges | 7 Mini Cinnis String Cheese Apple Juice | 8 Poptart Yogurt Raisins Juice |
| 11 Blueberry Muffin Cheddar Stick Applesauce Cups Juice | 12 CEREAL BARS Yogurt Apple Juice | 13 BREAKFAST COOKIE Yogurt Juice Raisins | 14 Fruit Loops Raisins Juice | 15 Poptart Marble Cheese Stick FRUIT CUPS Juice |
| 18 Blueberry Muffin String Cheese Juice Applesauce Cups | 19 Cereal Yogurt Oranges Juice | 20 BREAKFAST COOKIE Yogurt Juice APPLE CRISPS | 21 Breakfast Croissant Apple Juice | 22 Poptart Yogurt Raisins Juice |
| 25 Blueberry Muffin String Cheese Applesauce Cups Juice | 26 CEREAL BARS Yogurt Apple Juice | 27 BREAKFAST COOKIE Applesauce Cups Juice | 28 Cereal Raisins Juice | 29 REESE PUFF CEREAL String Cheese Bananas Juice |

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items. Thanks to USDA waivers, student meals are offered this year at no charge!