

## **SHS Dance Team Tryouts**

The purpose of the Sylacauga High School Dance Team is to promote and uphold school spirit through the support of curricular and extracurricular activities of Sylacauga High School. Our team will strive to boost student and crowd involvement. It is important to demonstrate strong dance skills, along with commitment, attitude, initiative, teamwork, work ethic, enthusiasm, spirit, school and personal pride.

### **Friday January 21, 2022**

General Information Meeting. Parents/guardians and dancers interested in trying out will attend.

@ 5-5:45 pm

Sylacauga High School

Room 161

### **Wednesday February 9, 2022**

Clinic @ 4pm-6pm

Sylacauga High School

Mini Gym

### **Thursday February 10, 2022**

Clinic & Technique Evaluations @ 4pm-6pm

Sylacauga High School

Mini Gym

### **Friday February 11, 2022**

Tryouts @ 4pm-until

Sylacauga High School

Mini Gym

If you plan to try out, please complete the interest form below. This will allow us to have a headcount of dancers trying out, as well as communicate tryout information reminders through the emails provided

[2022-2023 Dance Team Tryout Interest Form](#)

You must have 3 teacher evaluations, please provide your teacher the Evaluation form below. Completed evaluations must be returned to Mrs. Sutton by teachers, NOT by parents or students.

You must print out and bring your signed application and all other required materials at check in on the first day of clinic.

Dancers will receive their tryout number on clinic day. On tryout day, dancers can arrive at 3:30pm to warm up and be prepared for tryouts to start promptly at 4:00 pm. Dancers will stay until tryouts have concluded.

The team announcement will be posted on the Sylacauga City Schools Facebook page

As always, please email me if you have any questions: [kaitlyn.sutton@scsboe.org](mailto:kaitlyn.sutton@scsboe.org)

## Candidate Requirements

- Attendance at dance clinic and tryout day
- Completed Application/Agreement
- ALL forms submitted

## Important Information

- Members must not be participating/involved in any other fall/spring sports that will overlap with practice/performance times
- The Varsity Team will be made up of girls grades 9-12. The number of spaces on the team each year is not set.
- Dancers will be committing to all Home Varsity Football Games, Select Varsity Football Away games, Select Varsity Basketball games, competitions, special events as requested, playoff games for all sports, and other events and practices. A detailed schedule will be provided to team members at a later date.

## Required Skills (we are looking at mastery and potential)

- **Individually Prepared Routine:** consists of performing a prepared routine that demonstrates technical skill, showmanship, and dance quality. Below is information on the individually prepared routine criteria. Failure to follow criteria will result in a penalty.

### One of the following dance styles

- 1) Jazz
- 2) Lyrical
- 3) Contemporary
- 4) Hip Hop

### Music Time limit

1 minute

### Music Criteria

Absolutley no profanity or vulgar references \*music will be reviewed once turned in. Any music deemed inappropriate will not be played for tryouts

### Turning in Music

Music must be turned in already CUT to the 1 minute time constraint the following two ways at check in on the first day of clinic.

First way- hard jump drive (in a plastic baggie with dancers full name and grade written on front)

Second way- emailed to [kaitlyn.sutton@scsboe.org](mailto:kaitlyn.sutton@scsboe.org) with the dancers full name and grade as the email subject

### Dress

Dancers will wear the corresponding tryout attire listed in this packet. Dancers will be given the opportunity to change shoes if needed based on the style they will be performing.

### Other criteria

-Routine must be appropriate in all forms (no inappropriate or vulgar dance moves, no foul language, etc)

- **Pom Routine taught at Clinic**-An additional routine will also be evaluated consisting of pom, jazz, and hip hop technique. This routine will be taught during clinic
- **Technique: will be evaluated at the end of clinic on Thursday Feb 10**
  1. **Turns:** Single & Double Pirouette (left or right), 8-count traveling Chaines turns to left or right
  2. **Jumps:** Grand Jete Leap (left or right), Calypso Leap (left or right), Center Leap
  3. **Tumbling/Acro:** cartwheel
  4. **Flexibility/Balance:** front leg hold (left & right), right split, left split, middle split
  5. **Optional trick:** Dancers are encouraged to demonstrate one optional trick if they wish for additional points. Some examples include, headspring, front walkover, back walkover, back handspring, aerial, kip up, tilt
  6. Individuals will be evaluated on grades, teacher evaluations, discipline, technical skills, and performance of both routines.

### **What to Wear**

#### Clinic/Technique Evaluations

- Must wear a black tank or leotard and black shorts (hot shorts are acceptable) with flesh colored tights.
- Tan Jazz shoes
- Hair pulled back and secured away from face
- No jewelry
- No gum

#### Tryout Day

- Solid black tank/leotard and black shorts (hot shorts are acceptable) with flesh colored tights
- Tan Jazz shoes for pom performance
- Shoes needed for prepared routine if needed (sneakers for hip hop, half soles, etc)
- Hair secured away from face in either a low or high bun
- No jewelry
- No gum
- Number must be worn on the front. (These will be given to you on tryout day)
- Performance make-up is recommended

## **Clinic/Tryout Process**

### Clinic

Candidates will meet in the mini gym where they will sign in each day and make a name tag. On the first day of the clinic, all paperwork and music will be turned in. Candidates are expected to have phones turned off when they arrive at the gym. The clinic and tryouts are closed to all spectators and family.

Dancers will review required skills and learn the pom routine for tryouts.

On the second day of the clinic, dancers will review required skills, and finish learning/go over pom routine. The last half of Clinic day 2, dancers will be explained the process for tryout day and evaluated on their technique (listed above).

### Tryouts

Dancers will be expected to arrive early for tryouts to get checked in, warmed up, and given their numbers to wear. Dancers will be instructed on when to take their seat to begin the tryout process. Dancers will perform both routines during tryouts.

### Scoring

- Coaches Daily Clinic Evaluation
- GPA Evaluation
- Teacher Evaluations
- Technique Evaluation
- Tryout Scoring from judges

### Announcement of Team

- Numbers will be posted announcing the 2022-2023 Dance Team members on the Sylacauga City Schools Facebook

### **Important Information**

- The varsity team will be made up of girls in grades 9-12. The number of spaces on the team each year is not set.
- All decisions are final

## **SHS Dance Team Regulations**

This list is for participants that are chosen for the dance team. Please be sure you and your child are willing to comply. This is merely an overview of the team regulations. A more detailed constitution & schedule will be provided for members to read and sign after tryouts.

- Attend Summer practice dates, summer camps, and photoshoots
- Must compete at all scheduled competitions- no exceptions.
- Must maintain a 70 average in classes. Coach reviews progress reports and report cards.

- Must attend all performances, games, and other scheduled activities. Other activities or jobs may not interfere with dance team obligations without prior permission. If students are absent due to illness, they should provide a doctor's excuse.
- Dancers will have fourth block class during the fall semester. After school practices will be scheduled weekly and could include weekends.
- Must not leave early or arrive late to any practice or performance, unless excused by the coach.
- Must meet deadlines (turning in money, forms, etc.)
- Must wear the correct practice uniform and hair must be pulled back. No jewelry, watches, extra piercings during practices, performances or competitions. No colored fingernail polish for performances or competition.
- Inappropriate behavior at school, on social media, performance, activity, or any other time you are representing the school or this team will not be tolerated.
- Any member who misses two performances will be dismissed from the team unless it is excused by a doctor's note or a death in the family. If you are dismissed from the team you will be placed in a regular PE class and will forfeit all monies paid for trips and competitions.
- A demerit system will be in effect to ensure members comply with team rules/expectations. This will be further discussed at the parent/member meeting and detailed in the constitution. All decisions of coaches, athletic director, and principal are final. Failure to comply with any of the rules may result in dismissal.

### **Important Dates for the 2022-2023 Dance Team Members**

- Friday February 18, 2022 @ 6pm// Mandatory new team welcome meeting: all parents and dancers must attend. \*first \$400 payment will be due at this meeting
- Team fitting, TBA

\*\*detailed schedule will be provided at a later date

### **Approximate Expenses for Members**

Being a dance team member is a significant financial commitment. Dancer dues can vary from \$1,000 to \$1,700 more or less. Prompt payment should be made according to the payment schedule provided by the coach.

The total cost includes the following:

Practice uniforms/camp clothes

Performance Uniforms (competition, football, basketball, Christmas)

Accessories

Poms

Shoes

Sweatshirt

T-Shirts  
Duffle bag/backpack  
Warm up  
Performance Jewelry  
Rhinestones  
UDA Camp  
Choreography

- Fundraisers will be done to help offset costs and all members **MUST** participate in these fundraisers. All fundraising money must be used for required team purchases or competitions. Funds cannot be used for family members or personal orders.
- Expenses for alterations of uniforms are the responsibility of the parents

## Sylacauga High School Dance Team Application

Name \_\_\_\_\_ Grade: \_\_\_\_\_

Current School: \_\_\_\_\_ Dancer cell number \_\_\_\_\_

Dancer email: \_\_\_\_\_

Number of years taken dance: \_\_\_\_\_ Studio: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Relationship to Dancer: \_\_\_\_\_

Home address: \_\_\_\_\_

Parent Cell Numbers:

\_\_\_\_\_

Parent Email address:

\_\_\_\_\_

Emergency contact/number (other than parent): \_\_\_\_\_

Medications student takes/allergies/medical

conditions: \_\_\_\_\_

What contributions do you think you can make to the Sylacauga High School Dance Team?

Why do you want to be a member of the Sylacauga High School Dance Team?

**SHS Dance Team Parent / Participant Agreement - Tryouts**

I have read the rules and regulations of the Sylacauga High School Dance Team and understand that I will be expected to comply if I am chosen to be a member of the team. I , the undersigned, have read and fully understand the rules and regulations which will govern my son/daughter if he/she is chosen to represent as a dancer. I further understand that this is an extracurricular activity and that attendance at all practices, games, special functions and summer camp is a requirement of the elected dancer. I hereby give consent to my son/daughter \_\_\_\_\_ , to tryout for dancer at Sylacauga High School and recognize his/her responsibilities and requirements as a leader of his/her school. I understand that, if chosen, my son/daughter will be required to pay for all financial obligations. I also understand a detailed contract and constitution will be provided to dancers who make the team. I will accept all results of tryouts and understand that all decisions made are final. This parent/guardian signature serves as your permission for your child to try out for the dance team.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent / Guardian

\_\_\_\_\_  
Date



## **Medical Release**

I give permission for my child to receive medical attention in the event that I cannot be present or reached for any reason.

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Signature of Parent/Guardian

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Date

## Sylacauga High School 2022-2023 Dance Team TEACHER EVALUATION FORM

Name of Dancer: \_\_\_\_\_

Teacher: \_\_\_\_\_ Subject: \_\_\_\_\_

The student listed above is trying out to be a dancer at Sylacauga High School. Since academics, attitude, personality, and character are important to our dance team, I need your assistance. **This rating will be an important part of the student's evaluation for a dance position. Consider each individual category carefully before rating the student on the following scale.**

Unsatisfactory= 0; Poor=1; Fair=2; Satisfactory= 3; Good= 4; Excellent= 5

This information will remain CONFIDENTIAL. Candidates receive points from your evaluation.

**RETURN THIS FORM** by email to [kaitlyn.sutton@scsboe.org](mailto:kaitlyn.sutton@scsboe.org) by Friday February 4, 2022. Any evaluation forms turned in by the student/parent will be considered void.

1. Attitude toward school (Attendance, tardies, attentiveness)	0	1	2	3	4	5
2. Conduct in class (Citizenship, behavior)	0	1	2	3	4	5
3. Quality of performance	0	1	2	3	4	5
4. Courtesy (To both faculty, staff, and students)	0	1	2	3	4	5
5. Maturity/Judgement	0	1	2	3	4	5
6. Responsibility/Self discipline (Preparation for practice/games; wears proper attire)	0	1	2	3	4	5
7. Cooperation (As a TEAM player)	0	1	2	3	4	5
8. Leadership Ability	0	1	2	3	4	5
9. Role Model	0	1	2	3	4	5



## **Application Packet Checklist**

\_\_\_\_ Sylacauga High School Dance Team Application

\_\_\_\_ Current Physical

\_\_\_\_ SHS Dance Team Parent / Participant Agreement - Tryouts

\_\_\_\_ Medical Release

\_\_\_\_ Teacher References \*turned in from teachers NOT parent or student

\_\_\_\_ Music (see above for how it needs to be submitted)